

Iowa Master Short Course Yards Swimming Records updated through 05/12/2009

50-54 Women

Freestyle

50	Weideman, Mary	50	:31.40	04/29/07
100	Luanne Beinke	50	1:07.57	03/28/04
200	Beinke, Luanne	53	2:27.82	04/29/07
500	Luanne Beinke	50	6:18.68	03/28/04
1000	Luanne Beinke	51	12:52.00	03/05/05
1650	Beinke, Luanne	53	21:39.18	04/29/07

Backstroke

50	Weideman, Mary	50	:40.63	04/29/07
100	Luanne Beinke	51	1:14.11	04/10/05
200	Luanne Beinke	50	2:37.65	03/28/04

Breaststroke

50	Weideman, Mary	51	:41.62	05/06/08
100	Groskopf, Amy	50	1:36.52	03/28/2009
200	Groskopf, Amy	50	3:29.23	03/28/2009

Butterfly

50	Hauber, Cindy	50	36.42	07/18/04
100	Terry, Linda	50	1:49.57	07/18/98
200	Terry, Linda	50	3:51.04	07/19/98

Individual Medley

100	Weideman, Mary	50	1:21.84	04/29/07
200	Stunz, Laurie	51	3:14.16	04/29/07
400	Terry, Linda	50	7:13.73	07/24/98