

Iowa Masters Short Course Yards Swimming Records Updated April, 2011

40-44 Women

Freestyle

50	Susan Rognes	41	:25.96	04/10/05
100	Susan Rognes	41	:56.60	04/10/05
200	Rachel Stauffer	43	2:05.96	04/09/06
500	Rachel Stauffer	43	5:37.73	04/09/06
1000	Rachel Stauffer	43	11:48.01	04/09/06
1650	Rachel Stauffer	42	19:42.88	04/10/05

Backstroke

50	Sarah Patterson	44	:33.77	03/05/11
100	Sarah Patterson	40	1:10.21	03/17/07
200	Sarah Patterson	40	2:32.80	03/17/07

Breaststroke

50	Susan Rognes	41	:34.17	04/10/05
100	Ginger Pierson	42	1:16.47	08/07/88
200	Ginger Pierson	42	2:45.33	08/07/88

Butterfly

50	Sarah Patterson	44	:29.47	03/26/11
100	Blanca Lehnertz	40	1:03.46	04/29/07
200	Rachel Stauffer	41	2:39.92	07/12/04

Individual Medley

100	Ann Kennedy	42	1:06.34	03/28/04
200	Sarah Patterson	40	2:26.16	03/17/07
400	Sarah Patterson	44	5:18.72	03/26/11