

Iowa Master Short Course Yards Swimming Records updated through 05/12/2009

40-44 Women

Freestyle

50	Rognes, Susan	41	25.96	04/10/05
100	Rognes, Susan	41	56.60	04/10/05
200	Stauffer, Rachel	43	2:05.96	04/09/06
500	Stauffer, Rachel	43	5:37.73	04/09/06
1000	Stauffer, Rachel	43	11:48.01	04/09/06
1650	Stauffer, Rachel	42	19:42.88	04/10/05

Backstroke

50	Jurik, Kristin	40	:34.06	08/07/93
100	Patterson, Sarah	40	1:10.21	03/17/07
200	Patterson, Sarah	40	2:32.80	03/17/07

Breaststroke

50	Rognes, Susan	41	34.17	04/10/05
100	Pierson, Ginger	42	1:16.47	08/07/88
200	Pierson, Ginger	42	2:45.33	08/07/88

Butterfly

50	Kennedy, Ann	42	29.54	03/28/04
100	Castillo-Lehnertz, Blanc	40	1:03.46	04/29/07
200	Stauffer, Rachel	41	2:39.92	07/12/04

Individual Medley

100	Kennedy, Ann	42	1:06.34	03/28/04
200	Patterson, Sarah	40	2:26.16	03/17/07
400	Stauffer, Rachel	41	5:19.32	03/28/04