

## Iowa Master Short Course Yards Swimming Records updated through 05/07/09

### 55-59 Men

#### Freestyle

50	Roberson, Dennis	55	:25.53	08/05/89
100	Shippey, Steve	56	:55.89	02/18/07
200	Fritts, Jack	55	2:08.64	03/18/06
500	Fritts, Jack	55	5:48.81	03/04/06
1000	Fritts, Jack	55	11:51.67	03/04/06
1650	Fritts, Jack	56	19:57.36	04/29/07

#### Backstroke

50	Jorgensen, Roger	56	31.76	07/18/04
100	Jorgensen, Roger	57	1:08.82	03/05/05
200	Jorgensen, Roger	56	2:30.00	07/18/04

#### Breaststroke

50	Spurrier, Ron	55	33.95	04/09/09
100	Shippey, Steve	56	1:11.84	02/18/07
200	Spurrier, Ron	55	2:50.32	04/09/09

#### Butterfly

50	Jorgensen, Roger	57	29.66	07/17/05
100	Barry, Mick	55	1:07.03	07/17/05
200	Barry, Mick	55	2:46.51	07/17/05

#### Individual Medley

100	Shippey, Steve	56	1:04.72	02/18/07
200	Fritts, Jack	55	2:29.74	03/18/06
400	Fritts, Jack	56	5:11.92	04/29/07