

Iowa Master Short Course Yards Swimming Records updated through 05/07/2009

45-49 Men

Freestyle

50	Ross, David	47	22:55	04/09/09
100	Ross, Dave	45	:52.27	04/29/07
200	Kealy, Dan	46	2:01.00	01/16/05
500	Belin, Tom	45	5:29.98	04/29/07
1000	Spangler, Steve	48	11:47.26	04/12/03
1650	Jorgensen, Roger	46	19:41.25	03/20/94

Backstroke

50	Ross, David	47	25.65	04/09/09
100	Ross, David	47	:56.11	04/09/09
200	Belin, Tom	47	2:09.47	04/09/09

Breaststroke

50	Ross, Dave	45	:29.68	07/01/07
100	Hugo, Steve	45	1:06.37	04/13/03
200	Hugo, Steve	45	2:26.56	04/15/03

Butterfly

50	Ross, David	47	24.35	04/09/09
100	Brown, Tim	47	59.50	04/09/09
200	Brown, Tim	47	2:14.75	04/09/09

Individual Medley

100	Ross, David	47	57.44	04/09/09
200	Belin, Tom	47	2:18.16	04/09/09
400	Belin, Tom	46	5:03.24	05/06/08