

Clemson Tiger's Holiday Postal Meet Information

- Host:** Clemson Aquatic Team, PO Box 411, Clemson, SC 29633-0411
- Sanction:** Held under sanction of USA Swimming, SC327SC and USMS, 553002
- Meet Director:** Riley Stevens e-mail: n2riley@yahoo.com
- Rules:** This Age Group meet will be conducted according to USA Swimming Rules and Regulations, SCLSC Procedures and this meet information. Swimmers must swim *continuously*, without touching the bottom, in any regulation 25-yard or meter pool. Individual Medley strokes may be judged by any coach. A disqualified swimmer must swim the event again in order to enter.
- Fees:** Only \$10.00 for one event, which includes travel fee, entry fee and awards. Swim the second event for just \$5 more. All participants receive a special CAT Designs swim cap recognizing their achievement. The commemorative T-shirt is available for just \$15 + \$3 shipping (note- **teams get free shipping**).
- Format:** Swimmers participate at their convenience between Christmas Day (December 25, 2002) and Valentine's Day (February 14, 2003). Swimmers need one timer/starter to count laps and record their times on the form below. Teams may use the team entry form or a disk (Hy-Tek format). Times will be sorted on February 28, 2002. Awards will be mailed to each winner, and results will be posted at WWW.SCSwimming.com (paper copy available by request).
- Events:** Swim one or both of these, whichever you choose:
Age 8 & Under..... 800 yards Freestyle and/or 400 yd I.M. (may be 4x100 continuous IM)
Age 10 & Under ... 1000 yards Freestyle and/or 400 yd I.M. (may be 2x200 continuous IM)
Age 11 & 12 2000 yards Freestyle and/or 800 yd I.M. (may be 4x200 continuous IM)
Age 13 & 14 3000 yards Freestyle and/or 1200 yd I.M. (may be 6x200 continuous IM)
Age 15 + 5000 yards Freestyle and/or 1600 yd I.M. (may be 8x200 continuous IM)
Masters 5000 yards Freestyle and/or 1600 yd I.M. (may be 8x200 continuous IM)
- Eligibility:** All USA Swimming and USMS athletes nationwide are invited to participate. Your reward is our goal.
- Timing:** We believe in the integrity of USA Swimming athletes. Timers must count laps and record the final time to the nearest hundredth of a second. **Record metric times as swum**; we will make conversions.
- Awards:** Each of the top 10 swimmers in the age group events will receive a medal. The top three in each event will receive an embroidered commemorative towel. The 25th, 50th, 75th (and so on) finisher in each event also will receive a towel, so everyone has a chance to win. (Ties will be randomly selected by my kid). The top 5 swimmers in each masters event will receive a medal, The individual winner in each event will receive an embroidered towel as well. The 10th, 20th, 30th (and so on) finisher in each event will also receive a towel. South Carolina teams are automatically scored within the LSC as well as nationally.
- Deadlines:** Send your results to *Clemson Goes Postal*, PO Box 411, Clemson, SC 29633-0411. Entries must be postmarked no later than **February 14, 2003**.



100% cotton shirts, available in *Youth* Small, Medium, Large and *Adult* Small, Med, Large, XL and XXL

TEAM ENTRY

Team Name: _____

Address: _____

Swimmer's Name	Age	Free or IM	Time	T-Shirt? (size or blank)
_____	_____	_____	__ hrs __ min __. __	_____
_____	_____	_____	__ hrs __ min __. __	_____
_____	_____	_____	__ hrs __ min __. __	_____
_____	_____	_____	__ hrs __ min __. __	_____
5 _____	_____	_____	__ hrs __ min __. __	_____
_____	_____	_____	__ hrs __ min __. __	_____
_____	_____	_____	__ hrs __ min __. __	_____
_____	_____	_____	__ hrs __ min __. __	_____
_____	_____	_____	__ hrs __ min __. __	_____
10 _____	_____	_____	__ hrs __ min __. __	_____
_____	_____	_____	__ hrs __ min __. __	_____
_____	_____	_____	__ hrs __ min __. __	_____
_____	_____	_____	__ hrs __ min __. __	_____
_____	_____	_____	__ hrs __ min __. __	_____
15 _____	_____	_____	__ hrs __ min __. __	_____
_____	_____	_____	__ hrs __ min __. __	_____
_____	_____	_____	__ hrs __ min __. __	_____
_____	_____	_____	__ hrs __ min __. __	_____
_____	_____	_____	__ hrs __ min __. __	_____
20 _____	_____	_____	__ hrs __ min __. __	_____

_____ entries x \$10 = _____

_____ shirts x \$15 = _____

_____ second entries x \$5 = _____

Shipping for these team shirts is FREE

TOTAL = \$ _____ Coach's signature _____

The Clemson Aquatic Team thanks you for your participation and support