

100 BREASTSTROKE ~ 50 FREESTYLE ~ 100 INDIVIDUAL MEDLEY ~ 200 MIXED MEDLEY RELAY ~ 100 FREESTYLE ~ 50 BACKSTROKE ~ 50 FLY ~ 50 BREASTROKE ~ 200 FREE RELAY ~ 1000 FREESTYLE

**2008 PANTHER MASTERS
 SHORT COURSE SWIM MEET**
Saturday, March 1, 2008

WARM UP @ 12 - 12:45 PM ~ START @ 1 PM
 at the UNI Wellness and Recreation Center
 Hosted by PANTHER MASTERS SWIMMING
 Recognized by the Iowa Masters Swimming for USMS, Inc.
 Recognition # 400802R

Hosted by: Panther Masters Swimming
Location: UNI Wellness & Recreation Center, Hudson Road, Cedar Falls, IA
Date: March 1, 2008. Warm-ups 12:00 noon. Meet starts at 1:00 pm.
Recognition: Recognized by U.S.M.S. Inc. and Local Masters Swimming Committee, Iowa Masters Swimming.
Pool: Eight (8) lanes, 25 yards, with non-turbulent lane markers, backstroke flags, Daktronics Timing System with touch pads and back-up system, and spectator seating. Pool length certified for times to qualify for National Records/Top Ten.
T-shirt: Optional T-shirt available for sale (long sleeve). T-shirts must be ordered by entry deadline of February 26, 2008.
Rules: 2008 U.S.M.S. rules prevail. Individual competition is age groups, 18-24, 25-29, 30-34, 35-39, etc. Age as of March 1, 2008 determine age for the meet. Relay age groups are: 25+, 35+, 45+, etc. The age of the youngest swimmer determines the age of the relay.
Cost: \$12.50 entry fee + .50 splash fee = \$13.00. (A late fee of \$4.00 will be added to all entries not received by Tuesday, February 26, 2008.) Make check payable to: **UNI WRS**. (The splash fee is for the promotion of Masters Swimming in Iowa.)
Entry Deadline: **Tuesday, February 26, 2008.** Deck entries will be accepted, but will be assessed a \$4.00 late fee. We do want to encourage all entries including deck entries. We will pre-seed all entries received by February 26, 2008.
Late Entries: Swimmers with late entries should be sure to have your entry blank filled out completely. Please be prepared to fill out individual event cards (available at the meet) for each individual event you swim. Late entries are \$17.00. All events entered by the deadline of February 26 will be pre-seeded except for the 1000. All late entries will be entered into open lanes or a "0" heat added if necessary. The distance events will be deck seeded. We will ask all distance swimmers to check in at the clerk of course to confirm their entry in the event. Entry cards for relay events must be completed at the meet.
Seed Times: Submit latest times for 25-yard course. Enter "N/T" for no time.
Eligibility: Open to all swimmers 18 years of age or older. All meet entries must be in by 11:00 am the day of the meet.
Team Scoring: Individual events: 9-7-6-5-4-3-2-1; relay events: 18-14-12-10-8-6-4-2. Generally your "team" is the city or town where you live. See "team definitions" below.
Scratches: Swimmers not reporting for events will be scratched. No refunds.
Event Limit: Swimmers may enter a maximum of five (5) individual events. A swimmer may enter each relay once.
Team Definitions: 1. A team must have a designated Name (City/Town, etc.) which represents a single team;
 2. Relays, to score team points, must consist of the members from a single team.
Proceeds: PROCEEDS BENEFIT THE UNI WOMEN'S SWIMMING AND DIVING PROGRAM
Records: Registered USMS swimmers are eligible for the top 10, national and state records.