



Newton Master's Meet: Feb. 4, 2006 ~ 1:00 start time: 12:00 noon warm-ups
Sanctioned by Iowa LMSC for USMS, Sanction #40206

NAME: _____ AGE AS OF 2/4/06: _____
ADDRESS: _____
PHONE: _____ E-MAIL: _____
EMERGENCY PHONE#: _____ CLUB: _____
USMS NUMBER: _____

Events/order: please put a YARD time on the line provided if you have a time. Put NT if you do not have a time. Remember, you may enter up to 5 individual events plus relays if you wish. Relays will be deck seeded and cards must be turned in before the last heat of the first event (the women's 500 freestyle). Pick up relay cards at the timing/scoring table when you get to the meet.

- | | |
|---------------------------------|-------------------------------|
| _____ (#1)WOMEN'S 500 FREE | _____ (#2)MEN'S 500 FREE |
| _____ (#3)WOMEN'S 200 MED RELAY | _____ (#4)MEN'S 200 MED RELAY |
| _____ (#5)WOMEN'S 100 FREE | _____ (#6)MEN'S 100 FREE |
| _____ (#7)WOMEN'S 200 BACK | _____ (#8)MEN'S 200 BACK |
| _____ (#9)WOMEN'S 50 FLY | _____ (#10)MEN'S 50 FLY |
| _____ (#11)WOMEN'S 100 BREAST | _____ (#12)MEN'S 100 BREAST |
| _____ (#13)WOMEN'S 200 IM | _____ (#14)MEN'S 200 IM |
| _____ (#15)WOMEN'S 50 BACK | _____ (#16)MEN'S 50 BACK |
| _____ (#17)WOMEN'S 100 FLY | _____ (#18)MEN'S 100 FLY |
| _____ (#19)WOMEN'S 200 BREAST | _____ (#20)MEN'S 200 BREAST |
| _____ (#21)WOMEN'S 50 FREE | _____ (#22)MEN'S 50 FREE |
| _____ (#23)WOMEN'S 100 BACK | _____ (#24) MEN'S 100 BACK |
| _____ (#25)WOMEN'S 200 FLY | _____ (#26)MEN'S 200 FLY |
| _____ (#27)WOMEN'S 50 BREAST | _____ (#28)MEN'S 50 BREAST |
| _____ (#29)WOMEN'S 200 FREE | _____ (#30)MEN'S 200 FREE |
| _____ (#31)WOMEN'S 100 IM | _____ (#32)MEN'S 100 IM |
| _____ (#33)WOMEN'S 200 FR RELAY | _____ (#34)MEN'S 200 FR RELAY |

<p>ENTRY CHECKLIST</p> <p><input type="checkbox"/> entry form filled out completely?</p> <p><input type="checkbox"/> picked your events and listed times or NT?</p> <p><input type="checkbox"/> enclosed a \$10.00 check payable to Newton Y</p> <p><input type="checkbox"/> liability release signed and dated?</p>

ENTRY FEE: \$10.00 Enclose a check payable to the Newton YMCA
Send your completed registration form (this page) and your check to:
Sarah Patterson questions? Call her at: **641-792-0678**
200 E. 23rd St. N.
Newton, IA 50208

WAIVER: Must read and sign waiver below to be able to participate.
Athlete's Release: I the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

Signature: _____ Date: _____

NOTE: Times swum at this meet will not be eligible for USMS Top Ten or USMS national records as the pool length is not certified. Times will be eligible for Iowa Masters State Records.