Feb. 12, 2005 ~ 1:00 pm start time Location: Newton YMCA

REASONS YOU SHOULD COME TO THIS MEET!

- You haven't been to Newton, Iowa in a while (or ever!).
- It could be a tune up meet for the Iowa Short Course Championship.
- You need to work on your meter to yard conversion skills charts will be provided!
- If there are any wrestlers in your family, you can visit the Hall of Fame Wrestling Museum located in Newton.
- If you like Blue Cheese, you can purchase some at the Maytag Dairy Farm in Newton.
- There is a hot tub in the YMCA right by the pool! (no events held in the hot tub)
- You love swimming and want to get this meet off the ground and help make it an annual event! ☺

DATE: February 12, 2005

LOCATION: Newton YMCA/1701 S. 8th Ave. E

FACILITY: 6 lane 25 meter pool /hot tub (no events held in the hot tub)

WARMUPS: 12:00 - 1:00pm

DIRECTIONS: Take either Newton exit. If coming on I-80 from the east, exit and take a right. You will curve around a beltline of sorts and pass a Wal-Mart. When you get to the stoplights, take a left on 1st Ave. Go down about a mile to 17th Street, and take a left. You will run right into the Y. If coming from the west, exit and take a right. Continue through the set of lights until you get to to a four way stop. Turn right on 1st Ave. Continue all the way through town until you get to 17th Street and take a right. You will run right into the Y.

ENTRY FEE: \$10.00 (checks payable to the NEWTON YMCA)

if entry is received by Wednesday, Feb. 9th

\$15.00 for late or deck entries

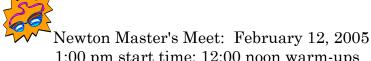
MEET

MANAGER: Sarah Patterson

RESULTS: Results will be posted on a wall in the pool area as soon as they

are available.

<u>Note</u>: Times swum at this meet will not be eligible for National or Top Ten USMS records as the pool length is not certified. Times will eligible for Iowa Masters State records.



Signature:_

 $1\!:\!00$ pm start time: $12\!:\!00$ noon warm-ups Sanctioned by Iowa LMSC for USMS, Inc. Sanction Number 40305

NAME:	AGE AS OF 2/12/05:	
ADDRESS:		
EMEDGENCY DUONE#	E-MAIL:	
LIGNA NUMBER	*must have United States Master's up-to-date	
USMS NUMBER:	must have United States Master's up-to-date You may also download the form on the Iowa Master's web sit	Swimming
(www.iowamasters.org). Write "APPLIED FOR" if you your USMS card at the timing/scoring table prior to the	u will not have your USMS# by the entry deadline. In this case, y	e - /ou must show
Fyants/order: please put a VARD time on	the line provided if you have a time. Put NT if you o	io not have
	ndividual events plus relays if you wish. Relays will	
	ne last heat of the first event (the women's 500 freest	
up relay cards at the timing/scoring table wh		yie). Tiek
(#1)WOMEN'S 500 FREE	(#2)MEN'S 500 FREE	ENTRY
(#3)WOMEN'S 200 MED RELAY	(#4)MEN'S 200 MED RELAY	
(#5)WOMEN'S 100 FREE	(#6)MEN'S 100 FREE	CHECKLIST
(#7)WOMEN'S 200 BACK	(#8)MEN'S 200 BACK	entry form filled
(#9)WOMEN'S 50 FLY	(#10)MEN'S 50 FLY	out completely?
(#11)WOMEN'S 100 BREAST	(#12)MEN'S 100 BREAST	picked your events
(#13)WOMEN'S 200 IM	(#14)MEN'S 200 IM	and listed times or NT?
(#15)WOMEN'S 50 BACK	(#16)MEN'S 50 BACK	
(#17)WOMEN'S 100 FLY	(#18)MEN'S 100 FLY	enclosed a \$10.00 check payable to
(#19)WOMEN'S 200 BREAST	(#20)MEN'S 200 BREAST	Newton Y
(#21)WOMEN'S 50 FREE	(#22)MEN'S 50 FREE	have current
(#25)WOMEN'S 100 BACK	(#26) MEN'S 100 BACK	USMS number or
(#27)WOMEN'S 200 FLY	(#28)MEN'S 200 FLY	applied?
(#29)WOMEN'S 50 BREAST	(#30)MEN'S 50 BREAST	liability release
(#31)WOMEN'S 200 FREE	(#32)MEN'S 200 FREE	signed and dated?
(#33)WOMEN'S 100 IM	(#34)MEN'S 100 IM	
(#35)WOMEN'S 200 FR RELAY	(#36)MEN'S 200 FR RELAY	
ENTRY FEE: \$10.00 Enclose a check payable to Newton YMCA Send your completed registration form (this page) and your check to: Sarah Patterson questions? Call her at: 641-792-0678		
200 E. 23rd St. N.	questions. Can her at: 041-772-0070	
Newton, IA 50208		
WAIVER: Must read and sign waiver be		440 47 4 7
Athlete's Release: I the undersigned participant, intending to be legally bound, hereby certify that I		
am physically fit and have not been otherwise informed by a physician. I acknowledge that I am		
aware of all the risks inherent in Masters Swimming (training and competition), including possible		
permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES		
INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS		
OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE		
NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS		
SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST		
FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS		
OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to		
abide by and be governed by the rules of USMS.		

Date: