



# IOWA MASTERS SWIMMING

Feb. 12, 2005 ~ 1:00 pm start time

Location: Newton YMCA

## REASONS YOU SHOULD COME TO THIS MEET!

- You haven't been to Newton, Iowa in a while (or ever!).
- It could be a tune up meet for the Iowa Short Course Championship.
- You need to work on your meter to yard conversion skills - charts will be provided!
- If there are any wrestlers in your family, you can visit the Hall of Fame Wrestling Museum located in Newton.
- If you like Blue Cheese, you can purchase some at the Maytag Dairy Farm in Newton.
- There is a hot tub in the YMCA right by the pool! (no events held in the hot tub)
- You love swimming and want to get this meet off the ground and help make it an annual event! ☺

**DATE:** February 12, 2005  
**LOCATION:** Newton YMCA/1701 S. 8th Ave. E  
**FACILITY:** 6 lane 25 meter pool /hot tub (no events held in the hot tub)  
**WARMUPS:** 12:00 - 1:00pm

**DIRECTIONS:** Take either Newton exit. If coming on I-80 from the east, exit and take a right. You will curve around a beltline of sorts and pass a Wal-Mart. When you get to the stoplights, take a left on 1st Ave. Go down about a mile to 17th Street, and take a left. You will run right into the Y. If coming from the west, exit and take a right. Continue through the set of lights until you get to a four way stop. Turn right on 1st Ave. Continue all the way through town until you get to 17th Street and take a right. You will run right into the Y.

**ENTRY FEE:** \$10.00 (checks payable to the NEWTON YMCA)  
if entry is received by Wednesday, Feb. 9th  
\$15.00 for late or deck entries

**MEET  
MANAGER:** Sarah Patterson

**RESULTS:** Results will be posted on a wall in the pool area as soon as they are available.

Note: Times swum at this meet will not be eligible for National or Top Ten USMS records as the pool length is not certified. Times will be eligible for Iowa Masters State records.



Newton Master's Meet: February 12, 2005

1:00 pm start time: 12:00 noon warm-ups

Sanctioned by Iowa LMSC for USMS, Inc. Sanction Number 40305

NAME: \_\_\_\_\_ AGE AS OF 2/12/05: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_ E-MAIL: \_\_\_\_\_

EMERGENCY PHONE#: \_\_\_\_\_ CLUB: \_\_\_\_\_

USMS NUMBER: \_\_\_\_\_ \*must have United States Master's up-to-date Swimming

Card. We have enclosed the form if you need to sign up. You may also download the form on the Iowa Master's web site - (www.iowamasters.org). Write "APPLIED FOR" if you will not have your USMS# by the entry deadline. In this case, you must show your USMS card at the timing/scoring table prior to the start of the meet.

**Events/order:** please put a YARD time on the line provided if you have a time. Put NT if you do not have a time. Remember, you may enter up to 5 individual events plus relays if you wish. Relays will be deck seeded and cards must be turned in before the last heat of the first event (the women's 500 freestyle). Pick up relay cards at the timing/scoring table when you get to the meet.

- |                                 |                               |
|---------------------------------|-------------------------------|
| _____ (#1)WOMEN'S 500 FREE      | _____ (#2)MEN'S 500 FREE      |
| _____ (#3)WOMEN'S 200 MED RELAY | _____ (#4)MEN'S 200 MED RELAY |
| _____ (#5)WOMEN'S 100 FREE      | _____ (#6)MEN'S 100 FREE      |
| _____ (#7)WOMEN'S 200 BACK      | _____ (#8)MEN'S 200 BACK      |
| _____ (#9)WOMEN'S 50 FLY        | _____ (#10)MEN'S 50 FLY       |
| _____ (#11)WOMEN'S 100 BREAST   | _____ (#12)MEN'S 100 BREAST   |
| _____ (#13)WOMEN'S 200 IM       | _____ (#14)MEN'S 200 IM       |
| _____ (#15)WOMEN'S 50 BACK      | _____ (#16)MEN'S 50 BACK      |
| _____ (#17)WOMEN'S 100 FLY      | _____ (#18)MEN'S 100 FLY      |
| _____ (#19)WOMEN'S 200 BREAST   | _____ (#20)MEN'S 200 BREAST   |
| _____ (#21)WOMEN'S 50 FREE      | _____ (#22)MEN'S 50 FREE      |
| _____ (#25)WOMEN'S 100 BACK     | _____ (#26)MEN'S 100 BACK     |
| _____ (#27)WOMEN'S 200 FLY      | _____ (#28)MEN'S 200 FLY      |
| _____ (#29)WOMEN'S 50 BREAST    | _____ (#30)MEN'S 50 BREAST    |
| _____ (#31)WOMEN'S 200 FREE     | _____ (#32)MEN'S 200 FREE     |
| _____ (#33)WOMEN'S 100 IM       | _____ (#34)MEN'S 100 IM       |
| _____ (#35)WOMEN'S 200 FR RELAY | _____ (#36)MEN'S 200 FR RELAY |

### **ENTRY CHECKLIST**

- \_\_\_ entry form filled out completely?
- \_\_\_ picked your events and listed times or NT?
- \_\_\_ enclosed a \$10.00 check payable to Newton Y
- \_\_\_ have current USMS number or applied?
- \_\_\_ liability release signed and dated?

**ENTRY FEE: \$10.00** Enclose a check payable to Newton YMCA

Send your completed registration form (this page) and your check to:

**Sarah Patterson**

**questions? Call her at: 641-792-0678**

**200 E. 23rd St. N.**

**Newton, IA 50208**

**WAIVER:** Must read and sign waiver below to be able to participate.

**Athlete's Release:** I the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_