

**Iowa Masters Swimming Records - Individual**  
**SCY - SHORT COURSE YARDS**

Updated Mar 2024

**65 - 69 Men**

<b>Event</b>	<b>Name</b>	<b>Time</b>	<b>Date</b>
<b>50 FREE</b>	Steve Lentz	:27.31	03/25/23
<b>100 FREE</b>	Steve Lentz	1:01.59	03/10/24
<b>200 FREE</b>	Jack Fritts	2:15.81	04/15/16
<b>500 FREE</b>	Jack Fritts	6:04.46	03/06/16
<b>1000 FREE</b>	Jack Fritts	12:33.91	04/14/16
<b>1650 FREE</b>	Jack Fritts	21:00.92	04/14/16
<b>50 BACK</b>	Steve Lentz	:31.74	03/25/23
<b>100 BACK</b>	Steve Lentz	1:09.35	03/10/24
<b>200 BACK</b>	Steve Lentz	2:30.80	03/10/24
<b>50 BREAST</b>	Ron Spurrier	:34.43	03/31/19
<b>100 BREAST</b>	Ron Spurrier	1:18.40	03/31/19
<b>200 BREAST</b>	Stan LeMaster	2:53.30	11/14/15
<b>50 FLY</b>	Steve Lentz	:29.76	03/10/24
<b>100 FLY</b>	Steve Lentz	1:11.07	03/10/24
<b>200 FLY</b>	Michael Barry	2:49.70	04/02/17
<b>100 IM</b>	Steve Lentz	1:11.08	03/10/24
<b>200 IM</b>	Jack Fritts	2:39.15	03/06/16
<b>400 IM</b>	Stan LeMaster	5:50.31	03/06/16